



79 Maple Street Summit, NJ 908-273-4242

# Adult Swim Schedule

Memorial Day Weekend  
May 23-25, 2026

Saturday, May 23	Sunday, May 24	Monday, May 25
<p><b>7:00-12:00pm</b> All Lanes Lap</p> <p><b>12:00-2:00</b> Rec. Swim Lanes 1, 2</p> <p><b>12:00-2:00</b> Lap Swim Lanes 3, 4, 5</p> <p><b>2:00-4:30</b> All Lanes Lap</p>	<p><b>7:00-8:00</b> Lap Swim Lanes 1, 2, 3</p> <p><b>7:00-8:00</b> Masters Swim® Lanes 4, 5</p> <p><b>8:00-12:00</b> Lap Swim Lanes 2, 3, 4, 5</p> <p><b>12:00-1:00</b> Rec. Swim Lanes 1, 2</p> <p><b>12:00-1:00</b> Lap Swim Lanes 3, 4, 5</p> <p><b>1:00-2:30pm</b> Birthday parties</p>	<p><b>Closed for Memorial Day</b></p>



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### **LAP SWIM**

Rules & Expectations:

- Must have Total Facility Membership in order to participate in lap swim, water aerobics, and water stretch.
- Lap swimmers must be 13yrs+ and able to swim 8 consecutive laps. Children under the age of 13 must have a parent present on deck while they swim and they must be able to continuously swim a minimum of 8 laps to participate in lap swim.

### **MASTERS SWIM**

Fridays 6:30pm, Sundays 7am

Masters swim is to help keep you on track for your fitness goals and never leave you wondering "is there pool space for lap swim?". A workout will be provided by the instructor and you will be allowed to choose a lane that best describes your desired pace. You must be able to swim at least 100 yards continuously.

Equipment you should bring: Hand paddles, flippers, pool buoys

### **RECREATIONAL SWIM**

Saturday 12pm and Sunday at 12pm

Families and friends can enjoy swimming in our pool with toys, noodles, balls and more! Free for the Total Facility Member or those with Total Facility Household Memberships. Total Facility Members may use 1 of 5 annual guest passes (1 per guest) or pay \$10 per person. \$10 per person for those with annual memberships. \$20 per person for non-members (waiver & non-member account registration required). Non-swimmers and children under 13 years must be accompanied in the water by a Total Facility Member or paying adult. Registration at the front desk and sign in on the pool deck are required.

### **SENIOR SWIM**

Monday, Wednesday, & Friday 2:30pm

55 minutes of pool time reserved for our 'Senior Annual Dues' Members and Senior Total Facility Members to swim laps and exercise.