

Adult Lap Swim Schedule

Thanksgiving Weekend November 27-30

Thursday,	Friday,	Saturday,	Sunday,
November 27	November 28	November 29	November 30
The Connection is CLOSED Thursday, November 27	The Connection is CLOSED Friday, November 28	7:00 - 12:00PM All Lanes Lap 12:00 - 2:00PM Lap Swim Lanes 3, 4, 5 12:00 - 2:00PM Recreational Swim Lanes 1, 2 2:00 - 4:30PM All Lanes Lap	7:00 - 12:00PM All Lanes Lap 12:00 - 1:00PM Lap Swim Lanes 3, 4, 5 12:00 - 1:00PM Recreational Swim Lanes 1, 2

LAP SWIM

Rules & Expectations:

- Must have Total Facility Membership in order to participate in lap swim, water aerobics, and water stretch.
- Lap swimmers must be 13yrs+ and able to swim 8 consecutive laps. Children under the age of 13 must have a parent present on deck while they swim and they must be able to continuously swim a minimum of 8 laps to participate in lap swim.

RECREATIONAL SWIM

Families and friends can enjoy swimming in our pool with toys, noodles, balls and more! Free for the Total Facility Member or those with Total Facility Household Memberships. Total Facility Members may use 1 of 5 annual guest passes (1 per guest) or pay \$10 per person. \$10 per person for those with annual memberships. \$20 per person for non-members (waiver & non-member account registration required). Non-swimmers and children under 13 years must be accompanied in the water by a Total Facility Member or paying adult. Registration at the front desk and sign in on the pool deck are required.