



Fitness Center and Lap Swim Registration:

- Go to www.theconnectiononline.org
- Click “Manage Your Account” in the top right corner
- You will be prompted for your login and password. Your email is your login; if you don’t know your password click “Forgot your Password” for a temporary password code. Please reach out to us and we will send you a link to reset your password.
- Click on “Programs” (you will see a little basketball icon)
- For the pool, click “Laps” or for the fitness center, click “Fitness Center”
- Click on your preferred time slot, which will then show what days are available in that time slot
- Click “Register” on the top, and you should be registered for those time slots. There are little boxes on the side to select or deselect the dates you want or don’t want, then select “Register”
- You should see a confirmation that says “Registration complete”
- To check your registration, select “Account”, select “Registrations”, select “view details”, and it will show all of your registrations for the week.