



79 Maple Street
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www.theconnectiononline.org

GYMNASTICS, DANCE & SPECIALTY CLASSES FOR PARENT/CHILD

Winter 2016
February 1 – April 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:15 - 10:00 All About Animals Ages 2 - 3 10:00 - 10:45 Let's Go Ages 1 - 3	****NEW**** 9:15 - 10:00 Storytime STEM Ages 1½ - 3 10:00-10:45 Tiny Tumblers Ages 2 - 3 10:30-11:15 You & Me Dance Ages 1 ½ - 3	9:00-9:45 Kids In Action Ages 1½--3 10:00-10:45 Tumbling Tots Ages 1 ½ – 2 10:00-10:45 You & Me Dance Ages 1 ½ - 3	10:15 – 11:00 Tumbling Tots Ages 1 – 2	9:15 – 10:00 Messy Play Ages 1 – 2 10:00-10:45 Messy Play Ages 2 - 3		
11:00-11:45 You & Me Yoga Ages 1 ½ - 3	11:15-12:00 Movers & Shakers Ages 2 - 4		11:00 – 11:45 Tiny Tumblers Ages 2 -3			11:00 – 12:00 Drop In & Play Infant – 5 yrs.
12:00 – 1:00 Drop In & Play Infant – 5 yrs.		12:00-1:00 Drop In & Play Infant – 5 yrs.		12:15 – 1:00 Drop In & Play Infant – 5 yrs.		12:00 – 1:00 Drop In & Play Infant – 5 yrs. 1:00- 2:00 Drop In & Play Infant – 5 yrs.

DUE TO SPECIAL ACTIVITIES, SCHEDULE IS SUBJECT TO CHANGE. ALL CLASSES WILL BE PRO-RATED.

GYMNASTICS, DANCE & SPECIALTY CLASSES FOR PARENT-CHILD

30 & 45 minute classes - \$130 per ten week term

60 minute classes - \$165 per ten week term

UNLESS OTHERWISE NOTED

DROP IN AND PLAY

Infants-5 years

\$5 per child

DROP IN AND PLAY:

Monday 12 - 1

Wednesday 12 - 1

Friday 12:15 - 1

Saturday 1 - 2

Sunday 11 - 12 & 12-1

Play time in our big gym. Must be accompanied by an adult. Space is limited.
Passes available at the Front Desk. You do not need to be a Connection member.

All About Animals M 9:15

Ages 2 - 3 Active play and listening skills are encouraged through animal themes including farm animals, wild life, ocean creatures, even birds and insects. There will be something new to explore every week.

Kids In Action W 9

Ages 1 ½ - 3 A lot of fun-filled activities, games, songs and more for you and your toddler to enjoy in the big gym.

Movers & Shakers Tu 11:15

Ages 2 - 4 Boys & girls love to dance! Let them get their groove on in this fun filled, action packed class full of music, dance, games, and imagination in the dance room and gymnastics gym! This class will encourage independence from their caregiver while working on gross motor skills, musicality, and following directions.

Messy Play (Ages 1-2) Fri 9:15 (Ages 2-3) Fri 10

Ages 1 - 3 Come and let your child explore the wonderful world of mess making. Water play, finger painting, sand, rice, crafts, and much more.

On My Own Dance *Coming in the Spring Session

Ages 2 ½ - 3 A structured dance class designed to prepare children to easily transition into being on their own. Parents will begin the session participating with the child and slowly (by week 5) they will transition out so that each child is taking the class on their own. Dance technique and terminology will be taught, as well as motor skills and choreography.

Shoes required: BALLET

Let's Go M 10

Age 1 - 2 An exciting parent/child class revolving around all of your child's favorite types of transportation. Songs, games, circle time and stories will guide you through as your child develops skills: jumping, climbing, throwing and social skills.

NEW Storytime STEM Tu 9:15

Ages 1 ½ - 3 With your child, have fun discovering the basic STEM (Science, Technology, Engineering & Math) ideas in some of their favorite books! Lead your child toward discovery by encouraging their natural curiosity.

Tiny Tumblers Tu 10, Th 11:00

Ages 2 - 3 Teacher led, parent-assisted class offering an introduction to gymnastics utilizing all apparatus. Class also includes brief circle time and fun movement activities. Great follow up to Tumbling Tots.

Tumbling Tots W 10, Th 10:15

Ages 1 ½ - 2 Teacher led, parent assisted structured class that will develop gross motor skills and offer an introduction to gymnastics utilizing all of the apparatus.

You & Me Dance Tu 10:30, W 10

Age 1 ½ - 3 With the care giver close by, students will learn the basics of dance, while engaging in hands-on movement activities essential to proper development in coordination, counting and timing, and self-confidence. Students learn to stretch and dance through the use of exciting props such as dance scarves, rhythm sticks, and ribbon sticks.

Shoes required: BALLET

You & Me Yoga M 11

Age 1 ½ - 3 Practicing yoga with your little one has many benefits for both parent and child: more energy, less stress, better focus, stronger muscles and better sleep.