

**GYMNASTICS, DANCE &
SPECIALTY CLASSES FOR
PRESCHOOL**

Winter 2015
January 26th-April 12th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>10:00 – 10:45 Gym Antics Ages 3 – 4</p> <p>11:00 – 11:45 Preschool Gymnastics Ages 4 - 5</p>	<p>10:00 – 10:45 Gym Antics Ages 3 – 4</p> <p>11:00 – 11:45 Preschool Gymnastics Ages 4 - 5</p> <p>11:15-12:00 Movers & Shakers Ages 2-4 ****NEW!!!!****</p>	<p>9:15-10:00 Ballet/Jazz Ages 3 - 5</p> <p>11:00 – 12:00 Drop In & Play Infant – 5 yrs</p>	<p>9:15-10:00 Tutu Tumblers Ages 2 ½ - 3</p> <p>10:30-11:15 Princess Ballet Ages 3 - 5 ****NEW!!!!****</p> <p>11:00 – 12:00 Drop In & Play Infant – 5 yrs</p>	<p>9:15 – 11:15 Cartwheels & Crafts Ages 3 - 5</p> <p>11:30 – 12:15 Preschool Gymnastics Ages 4 - 5</p>	<p>9:00-9:45 Ballet/Tap/Jazz Ages 3 - 5</p> <p>9:15 – 10:00 Preschool Gymnastics Ages 4 – 5</p> <p>10:00 – 10:45 Gym Antics Ages 3 - 4</p> <p>10:00 - 10:30 Music Makers Ages 3 - 6</p> <p>11:00 – 11:45 Preschool Gymnastics Ages 4 - 5</p>	<p>9:00 – 9:45 Gym Antics Ages 3 - 4</p> <p>10:00 – 10:45 Sports Leagues Ages 3 - 5</p> <p>11:00 – 11:45 I Can Do It Ages 3 – 5 ***NEW***</p> <p>11:00-11:45 Ballet/Tap/Jazz Ages 3 - 5</p> <p>11:00 – 12:00 Drop In & Play Infant – 5 yrs</p>
<p>12:00 – 1:00 Drop In and Play Infant – 5 years</p> <p>12:15-1:00 Princess Ballet Ages 3 - 5 ****NEW!!!!****</p> <p>1:15-2:00 Ballet/Jazz Ages 3 - 5</p> <p>2:00-2:45 Ballet/Tap Ages 3 - 5</p>	<p>12:00 – 1:00 Drop In & Play Infant – 5 yrs</p> <p>1:15 – 2:00 Sports Leagues Ages 3-5</p> <p>1:15 – 2:00 Preschool Gymnastics Ages 4 - 5</p>	<p>12:15 – 1:00 Gym & Swim Ages 4 - 5</p> <p>1:15-2:00 Ballet/Tap Ages 3-5</p> <p>2:00-2:45 Princess Ballet Ages 3-5 ****NEW!!!!****</p>	<p>12:15 – 1:00 Preschool Gymnastics Ages 4 – 5</p> <p>1:15-2:00 Tutu Tumblers Ages 4-5</p> <p>2:00-2:45 Ballet/Tap Ages 3-5</p>	<p>12:15 – 1:00 Drop In and Play Infant – 5 years</p> <p>1:00 – 2:00 Drop In & Play Infant – 5 yrs</p>	<p>12:00 – 12:45 Young Athletes Special Olympics Ages 2 ½ - 7</p>	<p>12:00 – 1:00 Drop In & Play Infant – 5 yrs</p>
	<p>3:45-4:30 Hip Hop Flip Flop Ages 4 - 6</p> <p>4:30-5:15 Ballet/Tap Ages 3 - 5</p>		<p>3:30 - 4:00 Kicks for Kids Ages 4 - 6</p> <p>4:00 - 4:30 Kicks for Kids Ages 4 - 6</p>			

DUE TO SPECIAL ACTIVITIES, SCHEDULE IS SUBJECT TO CHANGE. ALL CLASSES WILL BE PRO-RATED.

GYMNASTIC, DANCE & SPECIALTY CLASSES FOR PRESCHOOL

30 & 45 minute classes - \$141 per eleven week term

60 minute classes - \$176 per eleven week term

UNLESS OTHERWISE NOTED

THE CONNECTION PRESCHOOL M-F 9-1:00 or M - F 9-2:30

This unique program, taught by certified teachers, features 2 hours of preschool readiness curriculum.

Includes stories, music, arts and crafts, and games with an emphasis on socialization skills.

In addition, a half hour of each session is reserved for an enrichment class such as dance, swimming, fitness, theater, and gym.

DROP IN AND PLAY:

Monday 12 - 1

Tuesday 12 - 1

Wednesday & Thursday 11 - 12

Friday 12:15 - 1

Saturday 1 - 2

Sunday 11 - 12 & 12-1

\$5 PER CHILD

Infants-5 yrs. Play time in our big gym. Must be accompanied by an adult. Space is limited.

Passes available at the Front Desk. You do not need to be a Connection member.

Ballet/Jazz M 1:15; W 9:15

Ages 3-5 This class is a fun introduction to ballet and jazz techniques. Dancers will stretch, practice motor skills, and learn basic choreography. **Shoes required: BALLET**

Ballet/Tap M 2:00; Tu 4:30; W 1:15; Th 2:00

Ages 3-5 This class is a fun introduction to ballet and tap techniques. Dancers will stretch, practice motor skills, and learn basic choreography. **Shoes required: BALLET AND TAP**

Ballet/Tap/Jazz Sa 9; Su 11

Ages 3-5 This class is a fun introduction to ballet, tap and jazz techniques. Dancers will stretch, practice motor skills, and learn basic choreography. **Shoes required: BALLET AND TAP**

Cartwheels & Crafts F 9:15

Ages 3-5 With this 2 hour program parents will enjoy a morning of freedom and children will enjoy a morning of gymnastics, games, and arts and crafts. Please pack a nut free snack.

Gym & Swim M 12:15 W 12:15

Ages 4-5 Games and tumbling in the big gym first, followed by a 30 minutes swim lesson in the pool. Please have your child wear his/her swim suit to the class.

Gym Antics M 10:00, Tu 10:00, Sa 10:00; Su 9:00

Ages 3-4 Motor skills are developed through activities on all gymnastics apparatus. Great for children who have not taken gymnastics class on their own previously. All children must be potty trained.

Hip Hop Flip Flop

Ages 4-6 Tu 3:45

Children will be introduced to basic Hip Hop through innovative and creative body movement from head to toe. They also Flip Flop through some basic cartwheels, rolls, and stretches.

I Can Do It Sun 11

Ages 3 -5 Your child will learn about cooking, science and create art, all while fostering their new found independence and creating self-confidence.

Kicks for Kids Th 3:30, 4

Ages 4-6 Pre-Karate class focusing on flexibility, agility, balance and fun.

NEW Movers & Shakers Tu 11:15, Sa 11:15

Ages 2-4 Boys & girls love to dance! Let them get their groove on in this fun filled, action packed class full of music, dance, games, and imagination. This class will encourage independence from their caregiver while working on gross motor skills, musicality, and following directions.

NEW Music Makers Sa 10

Ages 3-6 Children will have the opportunity to explore and experience music to develop their ability to sing and expand their sense of rhythm. Children will listen to songs, sing, keep a beat, play an instrument and dance to the music.

Preschool Gymnastics M 9:15, 11; Tu 11:00, 1:15; W 11:00, Th 11:30, 12:15, F 11:30, Sa 9:15, 11:00

Ages 4 - 5 Introduction to gymnastics. Flexibility, strength, balance and gross motor skills are developed through activities and skills on all apparatus.

Young Athletes Special Olympics \$1 Sa 12

Age 2 ½ - 7 Co - Sponsored with NJ Special Olympics, this program emphasizes sports skill development in physical activity and play. Programs develop the fundamental prerequisite skills to prepare students to be future athletes.

NEW Princess Ballet M 12:15, W 2:00, Th 10:30

Ages 3-5 Your little princess will explore basic ballet and movement in this fun class. Children will dance with the use of props such as scarves, crowns, and ribbons, and also color a picture that goes along with the step they have learned.

Shoes required: BALLET

Sports Leagues Tu 1:15, Sun 10

Ages 3 - 5 Introduction to a variety of sports for boys and girls: tee-ball, soccer, basketball and more. Games and active play help develop group skills. Emphasis on teamwork and sportsmanship.

Tutu Tumblers

Ages 2.5-3 Th 9:15

Ages 4-5 Th 1:15

Boys and girls will be introduced to dance and gymnastics in this fun and interactive class. Children will stretch and practice motor skills, all while learning basic ballet and gymnastics. Tumble and move your body! **Shoes required: BALLET**