

**GYMNASTICS, DANCE &  
SPECIALTY CLASSES FOR  
PARENT/CHILD**

**Spring 2016**  
**April 4 – June 19**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>9:00 – 9:45 All About Animals Ages 2 - 3</p> <p>10:00 - 10:45 Let's Go Ages 1 - 3</p>	<p>10:00-10:45 Tiny Tumblers Ages 2 - 3</p> <p>10:30-11:15 You &amp; Me Dance Ages 1½ - 3</p>	<p>9:00-9:45 Kids In Action Ages 1½ - 3</p> <p>10:00-10:45 Tumbling Tots Ages 1½ - 2</p> <p>10:00-10:45 You &amp; Me Dance Ages 1½ - 3</p>	<p>****NEW**** 9:00 - 9:45 Pee Wee Picasso Ages 1½ - 3</p> <p>10:15 – 11:00 Tumbling Tots Ages 1 - 2</p>	<p>9:00 – 9:45 Messy Play Ages 1 – 2</p> <p>10:00-10:45 Messy Play Ages 2 - 3</p>		<p>10:00-10:45 On My Own Dance Ages 2½ - 3</p>
<p>****NEW**** 11:00-11:45 Storytime Yoga Ages 1½ - 5</p>	<p>11:15-12:00 Movers &amp; Shakers Ages 2 - 4</p>		<p>11:00 – 11:45 Tiny Tumblers Ages 2 - 3</p>			<p>11:00 – 12:00 Drop In &amp; Play Infant – 5 yrs.</p>
<p>12:00 – 1:00 Drop In &amp; Play Infant – 5 yrs.</p>		<p>12:00-1:00 Drop In &amp; Play Infant – 5 yrs.</p>		<p>12:15 – 1:00 Drop In &amp; Play Infant – 5 yrs.</p>	<p>1:00- 2:00 Drop In &amp; Play Infant – 5 yrs.</p>	<p>12:00 – 1:00 Drop In &amp; Play Infant – 5 yrs.</p>

**DUE TO SPECIAL ACTIVITIES, SCHEDULE IS SUBJECT TO CHANGE. ALL CLASSES WILL BE PRO-RATED.**

## GYMNASTICS, DANCE & SPECIALTY CLASSES FOR PARENT-CHILD

30 & 45 minute classes - \$143 per eleven week term

60 minute classes - \$182 per eleven week term

\*\*\*UNLESS OTHERWISE NOTED\*\*\*

### DROP IN AND PLAY

**Infants-5 years**

**\$5 per child**

**DROP IN AND PLAY:**

**Monday 12 - 1**

**Wednesday 12 - 1**

**Friday 12:15 - 1**

**Saturday 1 - 2**

**Sunday 11 - 12 & 12-1**

Play time in our big gym. Must be accompanied by an adult. Space is limited.  
Passes available at the Front Desk. You do not need to be a Connection member.

#### **All About Animals M 9:00**

**Ages 2 - 3** Active play and listening skills are encouraged through animal themes. There will be something new to explore every week.

#### **Kids In Action W 9:00**

**Ages 1½ - 3** Fun-filled activities, games, songs and more for you and your toddler to enjoy in the big gym.

#### **Let's Go M 10:00**

**Age 1 - 2** An exciting class revolving around all of your child's favorite types of transportation. Songs, games, circle time and stories will help your child develop jumping, climbing, throwing and social skills.

#### **Movers & Shakers Tu 11:15**

**Ages 2 - 4** Boys & girls love to dance! Let them get their groove on in this fun filled, action packed class full of music, dance, games, and imagination in the dance room and gymnastics gym! This class will encourage independence from their caregiver while working on gross motor skills, musicality, and following directions.

#### **Messy Play (Ages 1-2) Fri 9:00 (Ages 2-3) Fri 10:00**

Explore the wonderful world of mess making with your child. Water play, finger painting, sand, rice, crafts, and much more are a fun introduction to the ideas of STEAM (Science, Technology, Engineering, Art & Math).

#### **\*\*NEW\*\* Storytime Yoga M 11:00**

**Ages 1 ½-5** With your child, be enlightened by the magic of yoga, with themes from fun stories!

#### **On My Own Dance Sun 10:00**

**Ages 2 ½ - 3** A structured dance class designed to prepare children to easily transition into being on their own. Parents will begin the session participating with the child and slowly (by week 5) they will transition out so that each child is taking the class on their own. Dance technique and terminology will be taught, as well as motor skills and choreography. **Shoes required: BALLET.**

#### **\*\*NEW\*\* Pee Wee Picasso Th 9:00**

**Age 1½ -3** Join your child to unlock their "inner artist" while fostering their willingness to express themselves and explore the early concepts of STEAM (Science, Technology, Engineering, Art & Math).

#### **Tiny Tumblers Tu 10:00, Th 11:00**

**Ages 2 - 3** Teacher led, parent-assisted class offering an introduction to gymnastics utilizing all apparatus. Class also includes brief circle time and fun movement activities. Great follow up to Tumbling Tots.

#### **Tumbling Tots W 10:00, Th 10:15**

**Ages 1½ - 2** Teacher led, parent assisted structured class that will develop gross motor skills and offer an introduction to gymnastics utilizing all of the apparatus.

#### **You & Me Dance Tu 10:30, W 10:00**

**Age 1½ -3** With the care giver close by, students will learn the basics of dance, while engaging in hands-on movement activities essential to proper development in coordination, counting and timing, and self-confidence. Students learn to stretch and dance through the use of exciting props such as dance scarves, rhythm sticks, and ribbon sticks. **Shoes required: BALLET**