

**GYMNASTICS, DANCE &
SPECIALTY CLASSES FOR
PRESCHOOL**

Spring 2014
April 7th - June 15th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:15 – 10:00 Tutu Tumblers Age 2 ½ - 3	9:15 – 10:00 Hip Hop Flip Flop Age 3 – 5	9:15 – 10:00 Ballet/Jazz Age 3 – 5	9:15 – 10:00 Tutu Tumblers Age 2 ½-3	9:15 – 11:15 Cartwheels & Crafts Age 3 – 5	9:00 – 9:45 Ballet/Tap/Jazz Age 3 - 5	9:00 – 9:45 Gym Antics Age 3 - 4 Tutu Tumblers 2 ½ - 4
				10:00 – 10:45 Sports Leagues Age 3 – 5	10:00 - 10:45 Hip Hop/Flip Flop for Special Needs Age 4 - 9	
	11:00 – 11:45 Pre School Gymnastics Age 4 – 5 11:30 - 12:15 Boy's Hip Hop/ Flip Flop Age 3 - 5		11:30 – 12:15 Pre-School Gymnastics Age 4 – 5	11:30 – 12:15 Pre-School Gymnastics Age 4 – 5	10:15 - 11:00 Adventures in Art Age 3 - 6 10:45 – 11:15 Kicks for Kids Age 4-6	11:00 – 11:45 Ballet/Tap/Jazz Age 3 – 5
12:00 – 1:00 Drop In & Play Infant – 5 yrs.	12:00 – 1:00 Drop In & Play Infant – 5 yrs. 12:15 – 2:15 Lights Camera Action Ages 3 – 5	12:15 – 1:30 Gym & Swim Age 3 – 5	12:15 – 1:00 Pre-School Gymnastics Age 4 – 5	12:15 – 1:00 Ballet/Tap Age 3 – 5 12:15 - 1:15 Drop In & Play Infant - 5 yrs.	11:00 – 11:45 Pre-School Gymnastics Age 4 – 5 12 – 12:45 Young Athletes Special Olympics Age 2 ½ - 7	11:00 – 12:00 Drop In & Play Infant – 5 yrs. 12:00 – 1:00 Drop In & Play Infant – 5 yrs.
1:15 – 2:00 Ballet/Jazz Age 3 – 5		1:15 – 2:00 Ballet/Tap Age 3 – 5	1:15 – 2:00 Tutu Tumblers Age 4 – 5	1:00 – 1:45 Ballet/Jazz Age 3 – 5 1:15 – 2:00 Pre-School Gymnastics Age 4 - 5	1:00 – 2:00 Drop In & Play Infant – 5 yrs.	
2:00 – 2:45 Sports Leagues Age 3 – 5 Ballet/Tap Age 3 - 5	3:45 – 4:30 Hip Hop Flip Flop Age 4-6 4:30 - 5:15 Ballet/Tap Age 3 - 5	2:00 – 2:45 Ballet/Jazz Age 3 – 5	3:30 – 4:00 *Kicks for Kids Age 4 – 6 *4:00 – 4:30 Kicks for Kids Ages 4 - 6			

DUE TO SPECIAL ACTIVITIES, SCHEDULE IS SUBJECT TO CHANGE. ALL CLASSES WILL BE PRO-RATED.

GYMNASTIC, DANCE & SPECIALTY CLASSES FOR PRESCHOOL

30 & 45 minute classes - \$125 per ten week term

60 minute classes - \$155 per ten week term

UNLESS OTHERWISE NOTED

THE CONNECTION PRESCHOOL M-F 9-11:30

This unique program, taught by certified teachers, features 2 hours of preschool readiness curriculum.

Includes stories, music, arts and crafts, and games with an emphasis on socialization skills.

In addition, a half hour of each session is reserved for an enrichment class such as dance, swimming, fitness, theater, and gym.

DROP IN AND PLAY: Monday & Tuesday 12 - 1 & Friday 12:15 - 1:15

Saturday 1 - 2 & Sunday 11 - 12 & 12-1

\$5 per child

Infants-5 yrs. Play time in our big gym. Must be accompanied by an adult. Space is limited.

Passes available at the Front Desk. You do not need to be a Connection member.

Ballet/Jazz M 1:15; W 9:15, 2; F 1

Ages 3-5. Age-appropriate and fun introduction to ballet and jazz techniques. **Shoes required: BALLET**

Ballet/Tap M 2; Tu 4:30; W 1:15; F 12:15

Ages 3-5. Age-appropriate and fun introduction to ballet and tap techniques. **Shoes required: BALLET/TAP**

Ballet/Tap/Jazz Sa 9; Su 11

Ages 3-5. Age-appropriate and fun introduction to ballet, tap and jazz techniques. **Shoes required: BALLET/TAP**

Boy's Hip Hop/Flip Flop Tu 11:30

Ages 3 - 5. A stylized form of current street dance - full of innovative and creative body movement from head to toe with a gymnastics class bonus.

Cartwheels & Crafts F 9:15 \$320

Ages 3-5. With this 2 hour program parents will enjoy a morning of freedom and children will enjoy a morning of gymnastics class, games, and arts and crafts. Please pack a nut free snack.

Gym & Swim W 12:15 \$195

Ages 3 - 5. Games and tumbling first, followed by 30 minutes of swim lessons.

Gym Antics Su 9

Ages 3-4. Motor skills are developed through activities on all gymnastics apparatus. Great for children who have not taken a gym class on their own previously.

Hip Hop Flip Flop Tu 9:15, 3:45

Ages 3 - 6. Dancers are introduced to Hip Hop and its popping and locking movements. They also Flip Flop through some basic cartwheels, rolls, and stretches to prepare for the more rigorous break dance oriented floor moves that are a central part of Hip Hop dance.

Adventures in Art Sa 10:15 \$153

Ages 3 - 6. Artistic growth has a tremendous effect on all aspects of the children's emotional and intellectual development.

Hip Hop/Flip Flop for Special Needs Sa 10

Ages 4 - 9. Dancers are introduced to Hip Hop and its popping and locking movements. They also Flip Flop through some basic cartwheels, rolls, and stretches to prepare for the more rigorous break dance oriented floor moves that are a central part of Hip Hop dance. Individualized modifications to activities will be made as needed.

Kicks for Kids Th 3:30, 4; Sa 10:45

Ages 4-6. Pre-Karate class focusing on flexibility, agility, balance and fun.

Lights, Camera, Action Tu 12:15 \$320

Age 3-5. In this two hour class your child will have hands on experience creating a performance. They will learn a song, a dance, make a prop, a costume and perform it all at the end of the session working towards our large performance in the spring. Please pack a nut free- snack.

Pre-school Gymnastics

Tu 11; Th 11:30, 12:15; F 11:30, 1:15; Sa 11

Ages 4-5. Introduction to gymnastics. Flexibility, strength, basic motor skills are taught on all apparatus.

Sports Leagues M 2; F 10

Ages 3 - 5.

Introduction to a variety of sports for boys and girls: tee-ball, soccer, basketball and more. Games and active play help develop group skills. Emphasis on teamwork and sportsmanship.

Tutu Tumblers M 9:15; Th 9:15, 1:15; Su 9

Ages 2 ½-5. A combination class that involves gymnastics and dance. Tumble and move your body!

Young Athlete Program \$1 Sa 12

Age 2 ½-7. Co-sponsored with NJ Special Olympics, this program emphasizes sports skill development in physical activity and play. Programs develop the fundamental prerequisite skills to prepare students to be future athletes.

Birthday Parties at The Connection!

To book a party, please inquire at the Front Desk.