



79 Maple Street
 Summit, NJ 908-273-4242
www.theconnectiononline.org

Lap Swim Schedule

Spring 2014
 April 7th – June 22nd

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MORNING						
5:15-9:15 All Lanes Lap	5:15-9:00 All Lanes Lap	5:15-9:15 All Lanes Lap	5:15-9:15 All Lanes Lap	5:15-9:15 All Lanes Lap	7:00-8:00 All Lanes Lap	7:00-8:00 All Lanes Lap
10:15-12:15 2 Lanes Lap	11:30-12:00 3 Lanes Lap	10:15-10:45 3 Lanes Lap	10:15-12:15 2 Lanes Lap	10:15-11:15 2 Lanes Lap	8:00 -9:00 3 Lanes Lap	8:00-9:00 3 Lanes Lap
		10:45-11:45 4 Lanes Lap		11:15-12:00 4 Lanes Lap	11:30-12:00 2 Lanes Lap	
AFTERNOON						
12:15-1:00 All Lanes Lap	12:00-1:00 All Lanes Lap	11:45-1:00 All Lanes Lap	12:15-1:00 3 Lanes Lap	12:00-1:00 All Lanes Lap	12:00-1:00 All Lanes Lap	12:00-1:00 All Lanes Lap
1:00-2:30 3 Lanes Lap	1:00-3:00 3 Lanes Lap	1:00-2:30 3 Lanes Lap	1:00-2:00 4 Lanes Lap	1:00-2:00 3 Lanes Lap		1:00-2:00 3 Lanes Lap
2:30-3:30 Senior Swim		2:30-3:30 Senior Swim	2:00-3:00 3 Lanes Lap	2:00-3:00 Senior Swim		
EVENING						
6:00-6:15 3 Lanes Lap	6:00-9:00 4 Lanes Lap	6:00-6:30 4 Lanes Lap	6:00-7:00 4 Lanes Lap	6:00-6:15 2 Lanes Lap	2:00-3:00 2 Lanes Lap	
6:15-7:15 All Lanes Lap	9:00-9:45 All Lanes Lap	6:30-7:15 All Lanes Lap	7:00-9:45 All Lanes Lap	6:15-7:15 All Lanes Lap	4:00-4:45 3 Lanes Lap	4:00-6:15 2 Lanes Lap
7:15-7:30 4 Lanes Lap		7:15-8:15 3 Lanes Lap		7:15-9:15 2 Lanes Lap		
7:30-8:30 2 Lanes Lap		8:15-9:45 All Lanes Lap		9:15-9:45 3 Lanes Lap		
8:30-9:15 4 Lanes Lap						
9:15-9:45 All Lanes Lap						

Due to special scheduled activities, the Lap Swim Schedule is subject to change. Please check the Aquatic Information Board regularly for notices posted regarding Lap Swim.

LAP SWIM SCHEDULE DESCRIPTIONS FREE FOR TOTAL FACILITY MEMBERS

LAP SWIM

Enjoy time in our beautiful 5 lane, 25 yard pool! We offer many hours of lap swim throughout the day and evening. Free for Total Facility Members.

LAP SWIM RULES

- Lifeguards are responsible for organizing and pacing of lap lanes.
- Lap swim is permitted for members 12 years and older, who are able to continuously swim a minimum of 8 laps.
- Circle swim is required when there are 3 or more patrons in a lane.

Total Facility Fees

Enjoy full use of the Fitness Center and pool and participate in all adult fitness, aquatic and dance classes. Baby sitting is free and available for TF members.

	Monthly	Annual
ADULT	\$65	\$765
HOUSEHOLD	\$92	\$1,085
SENIORS	\$55	\$645
SR. HOUSEHOLD	\$75	\$895

JUMP IN AND SWIM

Mon 1:00; Tues. 11:00; Wed. 1:30; Thur. 11:45; Fri 1:00

Bring your kids, Infants – 6yrs., to enjoy play time with you in the pool.

Children must be accompanied by an adult in the water.

Have fun with toys, balls, music and more!

\$5.00 daily pass per child

RECREATIONAL SWIM

Fri. 7:15; Sat. 2:00; Sun. 2:00 & 5:30

The entire family can enjoy swimming in our pool with toys, noodles, balls and more. Non-swimmers and children under 10 must be accompanied by an adult.

Recreational Swim is **free** for Total Facility members or \$20 family pass for non-members

***Infants and toddlers must wear two swim diapers:
a non-disposable swim diaper with gathered legs and waist
(available at Front Desk) over a disposable swim diaper.***



Birthday Parties at The Connection!

To book a party, please inquire at the Front Desk.