



**The Connection**  
for women & families

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# Thanksgiving Pool Schedule

**LATE FALL 2015**  
November 26<sup>th</sup> – November 29<sup>th</sup>

Thursday, Nov. 26 <sup>th</sup>	Friday, Nov. 27 <sup>th</sup>	Saturday, Nov. 28 <sup>th</sup>	Sunday, Nov. 29 <sup>th</sup>
<b>BUILDING CLOSED</b>	5:15-9:00 All Lap Lanes  9:00-10:00 Total Body Toning (Shannon)  10:00-11:30 Rec Swim / 2 lanes lap	7:00-9:00 All Lanes Lap  9:00-10:00 2 Lanes Lap / Aqua Intervals (Katherine)  10:00-11:00 Adult Beginner R  10:00-1:00 Rec Swim	7:00-9:00 All Lanes Lap  9:00-10:00 2 Lanes Lap / Aqua Boot Camp (Katherine)  10:00-11:00 Adult Intermediate R  10:00-1:00 Rec Swim
	11:30-12:30 All Lanes Lap  12:30-1:30 2 lanes lap / Prepare, Sustain, Recover (Shannon)  1:30-2:30 All Lanes Lap  2:30-3:30 Senior Swim	11:00-1:00 2 Lanes Lap  1:00-3:00 All Lanes Lap  3:00-4:45 Rec Swim	11:00-1:00 2 Lanes Lap  1:00-3:00 All Lanes Lap  3:00-4:45 Rec Swim
<b>HAPPY THANKSGIVING</b>	3:30-7:00 Rec Swim / 2 Lanes Lap  7:00-9:45 Rec Swim / 3 Lanes Lap		

There will be NO YOUTH CLASSES Thursday, November 26<sup>th</sup>- Sunday, November 29<sup>th</sup>.  
Have A Happy Thanksgiving!